

Diamond Digest

Diamond Valley Elementary School



Important Dates

October 31	Halloween parade & Spirit Day: Costume Day
November 1	Spirit Day: Pajama Day
November 2	Spirit Day: Anything but a Backpack
November 3	Spirit Day: Twin/Triplet Day
November 4	Spirit Day: Class Color Day
November 6	Daylight Savings Time Ends
November 10	Board Meeting—4:30pm—Administrative Annex
November 11	Veterans Day— NO SCHOOL
November 18	Native American Cultural Day
November 23	MINIMUM DAY Prior to Thanksgiving Break Students Released at 12:15pm
November 24-25	Thanksgiving Break—NO SCHOOL
December 9	Board Meeting—4:30pm—Administrative Annex
December 16	MINIMUM DAY Prior to Winter Break Students Released at 12:15pm
December 19-January 2	Winter Break— NO SCHOOL
January 3	First Day Back After Winter Break

Dress Code

Students are expected to dress for school in appropriate and safe clothing. The following guidelines apply to all regular school activities:

1. Shoes must be worn at all times. Sandals must have heel straps. **Thongs or backless shoes or sandals are not acceptable. Shoes must not be unsafe for any school activity in which the student will be participating.**
2. Clothing, jewelry, and personal items shall be free of writing, pictures, or insignia which are crude, vulgar, profane or sexually suggestive, which bear alcohol or tobacco company advertising, promotions, and likenesses, or which advocate racial, ethnic, or religious prejudice.
3. Items such as bandanas, gang colors, or any gang-related clothing are prohibited.
4. **Hats, caps, beanies, and other head coverings (except religious) shall not be worn indoors** unless the student has purchased a “hat day” pass through PBIS rewards.
5. Clothes shall be sufficient to conceal undergarments at all times. **See-through or fish-net fabrics, halter tops, off-the-shoulder or low-cut tops, bare midriffs, and skirts or shorts shorter than mid-thigh or that expose mid-thigh are prohibited. Ripped jeans must not expose the mid-thigh or above.**
6. Clothing that prohibits movement in Physical Education, such as large, baggy pants, is not acceptable.
7. Gym shorts may not be worn in classes other than physical education.
8. Sun-protective clothing, including but not limited to hats, shall be allowed for outdoor use during the school day.

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Please visit alpinestudents.org to check out our website!
We are recruiting new members for the Budget, Safety, Wellness, Facilities,
Bond, and LCAP Advisory Committees. Details are available on the website.

*Lunch Menus and School Calendars may be found online
at alpinestudents.org*

Message from the Principal, Eleanor Moore

Dear **HAWKS** and Families,

I want to begin with a congratulations to those students and staff who have made a commitment to Student Leadership this school year.

Our Student Leaders are:

Jakovee Horse-Berreman
Malachi Knapp
Thalia Nolan
Lotus Smith
Chance Broadhurst
Andrea Nolan
Mayah Boise
Makayla Poznanter

Our Staff Advisors are:

Ms. Aubrey Trevett
Mrs. Casey Donahue

The first week back to school following fall break will be a Spirit and Red Ribbon week organized by our Student Leadership, their Staff Advisors, and Red Ribbon items provided by Misty Dee from BHS.

The Spirit days planned are:

Monday, 10/31 – Costume and Parade
Tuesday, 11/1 – Pajama Day
Wednesday, 11/2 – Anything But a Backpack
Thursday, 11/3 – Twin/Triplet Day
Friday, 11/4 – Class Color Day:
7th/8th Red
5th/6th Blue
3rd/4th Black
2nd Green
1st Yellow
TK/K Orange
Staff Purple

Our Community/Native Liaison, Mr. Adam Bill, is planning in conjunction with the Washoe Healing Center and Education Department, a Cultural Day Celebration in honor of November being Native American Heritage Month. The Celebration is scheduled for Friday, November 18th and is to include – prayer, proclamation, and outside activities in which all students will be participating.

December is a short month for school prior to winter break which is a little longer this year as students will not be returning to school until **Tuesday, January 3rd**. Wishing everyone a safe and wonderful holiday season!

Remember **DVES HAWKS** are:

Hard-working, Actions-matter, Wise, Kind, Safe

Nurse's Notes

Hello Diamond Valley Families!

Thank you so much for putting up with my constant reminders about vaccinations. With your help and work our schools are now at 100% for the State required vaccinations. As we're all painfully aware now, no vaccine is 100% effective so it's important to have as many people vaccinated to prevent the spread of these preventable diseases. We now should only have to assess vaccination status when children enter preschool, kindergarten and the 7th grade! As always, I'm available if you have any questions about vaccines or the vaccine schedule.

We also had a very successful dental screening of DVES and ELC completed by April Westfall DMD. By now you should have received the results of this screening. If your child received a 3 on their screening results, they need to see their dentist immediately. I understand that our community faces many challenges to receiving this care. If you're unable to find a dentist to see your child or lack the transportation or finances; PLEASE call my office and I will do everything I can to assist you. I am working on long term solutions to these issues but those solutions are very far off. Do not wait to seek dental care for your child!

Finally, we're still looking for a volunteer from the community for our Health and Wellness Committee. This doesn't have to be a parent. If you are interested please send me an email.

Enjoy the Fall break and stay healthy!

Expanded Learning Program Promotes Healthy Habits

The Expanded Learning Program (ELP) has been promoting healthy habits with their students for several years.



In the fall of 2019, they partnered with a local nonprofit, Community Service Solutions (CSS), to implement the CATCH Kids Club program, a physical activity program that engages students in moderate to vigorous physical activity at least 50% of the time.

During the school shutdown due to COVID-19, ELP staff encouraged students to join Wellness Wednesday, a weekly CSS virtual lesson where students played online physical activity games and discussed healthy eating choices.

When school returned to in-person learning, the instructors reinvigorated the CATCH program and asked CSS staff to teach cooking and nutrition lessons. Students cooked healthy meals and snacks together, their favorite part being sampling their creations!

Many students said they enjoyed making the recipes at home with their families, and half the students in the summer school program reported improved skills in cooking and preparing food, following a recipe, and measuring ingredients. Many students even reported eating more vegetables!

By incorporating structured physical activity and nutrition into the program, the ELP is prioritizing student health, teaching habits that will benefit students beyond their time in the classroom.



***"Students are
prepared and inspired
citizens making
positive choices."***

Office Reminders

We cannot stress enough the importance of keeping addresses and phone numbers up to date at all times.

If your student is absent, please contact the school via phone or email with the name of your student and the reason for their absence. The reason for their absence must be provided within 3 school days in order for the absence to be excused.

Please make sure your student has adequate sleep and arrives on time for school. If your student will be arriving late, please let us know so that the kitchen can plan appropriately for lunch.

If parents/guardians need to send their child a message or change the after school routine for a child, parents/guardians must notify the school **AT LEAST 60 MINUTES PRIOR TO THE END OF THE SCHOOL DAY** to allow staff the time needed to deliver the messages.

NO GUM is allowed at school. Please remind your students to leave gum at home.

Diamond Valley Elementary
School

35 Hawkside Dr.
Markleeville, CA 96120

Phone: (530) 694-2238
Fax: (530) 694-2386
alpinestudents.org

